

What do you think about when you think of bravery? Do you think of superheroes? Do you think of people who save lives, overcome huge obstacles, or make the world a better place?

Bravery isn't always about doing big or fancy things.

Bravery can be things like speaking up in class when you are unsure of something, even if you think your question seems silly. Bravery can be taking care of a new pet when you have never done that before. Bravery can be talking to someone new in school, even when you don't share any common interests.

Bravery can also be standing up for your beliefs. Bravery can also mean changing your beliefs when you learn something new. Bravery can be helping others who need help. Bravery can be taking positive action (doing good things) even when you are scared or not sure you will succeed. Bravery can be big, small, or even invisible (except to the person who is being brave!).

Symbols are images that are used to stand for or represent an idea. There are many things that

**A Note for Grown-Ups:** This resource can be used to support young and older learners alike (for younger learners, you may wish to read the introduction and prompts aloud). The research and writing prompts can be used as individual activities or part of a larger project at home, at school, or both! These prompts are meant to provide initial inspiration. Feel free to create your own and invite young learners to do so as well. Some learners may wish to expand on their work using other media, such as recording a video or creating a painting of their chosen symbol(s).

# Part 1: Research

Look at the list of animals below. Think about the different ways each animal could symbolize bravery. Pick one animal and research how or why that animal could be used as a symbol.

# Part 2: Write

1. Based on our research, write about how our animal could be used as a symbol for bravery. For example, what dangers or obstacles does it experience? How does it overcome those obstacles? Do you think our animal is a good symbol to stand for bravery?

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2. What are some ways you and our animal display bravery when faced with an obstacle or problem? How do you take positive action, even when you feel afraid or unsure?

3. Make up a story about the animal you chose to symbolize bravery. Using our research, describe their environment, a challenge or problem they might experience, and how our animal symbol can bravely overcome it. You can make this story realistic or make it a work of fiction!



## Part 3: Create (continued)

2. Choose a category of objects (for example: toys, plants, food, or tools). Make a list of as many objects

